

Australian German Welfare Society Inc.

Reg. No. A 0010852 B – ABN: 98 245 957 640



Newsletter

Nr. 565 / August 2019

PRINT POST APPROVED P.P. 344276/00012

4th Floor 24 Albert Rd
South Melbourne, 3205 VIC
Monday – Thursday 9.00am – 1.00 pm
Afternoon by appt. only
Tel.: 03-9696 0907
www.germanwelfare.org.au
contact@germanwelfare.org.au

Index

Donations	6	Calendar of Events	7
News from MLH	10	News from TTHA	10

Dear Members

I hope this edition of our newsletter finds you in good health and spirit. Many of you may suffer from colds and flu like symptoms. Please remember in this case sharing is not caring. Do not spread your germs!

Thank you to you all who have taken the time to provide a short feedback to our survey in the last edition. We wanted to get a snapshot how you are using our newsletter and what you would like to read. Here is a summary of the information provided.

You wanted:

- More advertising from German companies
- Articles from TTHA but also from MLH
- Links to Government services such as Department of Immigrations etc.
- Horoscope
- Travel stories
- Articles written by readers and
- Most of you are happy with monthly editions of the Newsletter!

What next? We will approach German companies and see if they are interested in advertising with us. This would also keep our printing cost down.

Martin Luther Homes will be happy to contribute on a monthly basis and they have a lot of information to share. Please refer to further content in this edition and you will find their contribution.

In regard to links to Government services, I suggest we have a new section called Useful Information. In this section, we will provide links, latest information from the Government on subjects of general interests and highlight links for further reading on subject matters currently discussed in the media.

Our well-loved Sudoku will now be accompanied by a monthly horoscope.

Travel stories and articles from readers will be published as they become available. Please write to us either by email or via Australia Post. We are happy and excited to publish your stories.

This survey was not the only one we have conducted. On the 30th of June, a major survey to our members and stakeholders concluded. At last count nearly 200 responses have been received. Thank you to everyone who took part! By August we expect an outcome report. I shall summarise your responses in the next newsletter. The next step will be an action plan to convert your feedback into ADWS outcomes. I will keep you informed.

Our annual financial audit is underway, and our Treasurer, Rick Berchtenbreiter, and his team are very busy. The final audit report will be available in time for our next Annual General Meeting which has been scheduled for October 17th. The venue and exact time will be published at a later date. However, our preparation for this important annual meeting has commenced and, in this context, we have noticed an irregularity which we need to attend to. The matter relates to our Rules, some also call it a constitution. Some of you may remember that the Rules had to be updated due to legislative changes. Of course, this was done but we have no record of the actual process and approval from you, the Association. Before we make the document available to you and then vote on the new updated version, the Committee decided to run the Rules via a solicitor again to make sure that the content remains relevant and in line with legislation (just in case there have been other changes ☺). Once the Rules have been returned, we will call on you to vote and this time we will document everything.

In the meantime, I hope for warmer weather. Until next time.

**Yours sincerely,
Birgit**

Can Money buy happiness?

Brian Portnoy, author of the book: 'Does money buy happiness?' concludes that the answer is kind of ambiguous, he says: 'yes, not really, it depends'. In other words, the answer illustrates the complexity inherent in the question.

After all, what is happiness? We are brainwashed with sayings like: "What doesn't kill you makes you stronger." Really? If I lose a limb or suffer a stroke, I doubt I'm stronger. Or how about: "slow and steady wins the race", it does not sound like a recipe for success.

We all know the saying "Money can't buy happiness". But I am quite sure if you are in a situation where you do not know how to make ends meet, some extra money would almost certainly add some happiness to your life.

If we really believe money can't buy happiness, why do so many people buy lottery tickets? Money can definitely alleviate poverty. It can put a roof over your head, food on the table, warmth, clothing and medical support.

Once our basic needs are met, money's impact on our happiness has progressively less impact. If you are a CEO on \$ 1 million, a 5 % pay rise isn't going to move the happiness dial enormously for you. Yet for someone on \$ 45,000, to get that same additional \$ 50,000 per year would almost certainly have a big impact. Their housing options would change, their ability to support the children would be enhanced, they could afford better medical care, etc.

We find happiness in many things. Connection with our community, making progress towards achieving goals, learning new things, enjoying exhilarating experiences and watching others grow.

So how can we use money to help to achieve these outcomes? The power of money in achieving happiness lies in gaining choice. By paying off your mortgage, you gain the choice of working part-time, or having a longer holiday. By putting money aside for your children's future, you gain the choice of where they might go to school, or which extra-curricular activities they might undertake. By having savings rather than having debt you reduce stress in relationships, often an enormous contributor to happiness.

Money won't make you happy in isolation. As an illustration, we often see successful artists who earn huge amounts of money succumb to drug addiction. Money in this case is perhaps the enabler of self-destructive behaviour.

If money is used to gain choices, I believe the potential exists for happiness to flourish.

Linde Mohr

New Members

Mrs. E. Newnham
Mr. Kandziora
Mr. & Mrs. K. & M. Meyer

Welcome at the AGWS!

Farewell



Mr. K. Schmidt

Our heartfelt condolences to family and friends.

Only from the heart can you touch the sky.

Rumi

Thank you for your kind donations!

Mr. & Mrs. Scheibe	\$ 65.00	Mr. Zerbin	\$ 100.00
Mrs. Deutsch	\$ 5.00	Mrs. Mueller	\$ 5.00
Mrs. Darmann	\$ 20.00	Mrs. Grotrian	\$ 20.00
Mrs. Loebert	\$ 1000.00	Mrs. Duerr	\$ 15.00
Mrs. Zeitler	\$ 700.00	Mr. Wabenhorst	\$ 100.00
Mr. Weeske	\$ 215.00	Mr. & Mrs. Rabensteiner	\$ 65.00
Mrs. Burmeister	\$ 100.00	Mrs. Hughes	\$200.00
Mrs. I. Hoffmann	\$ 400.00	Mrs. Hoppe	\$ 25.00
Mrs. Stoeckel	\$ 150.00	Mr. & Mrs. Balodis	\$ 35.00
Mr. & Mrs. Hulsmann	\$ 35.00	Mr. Spiess	\$ 15.00
Mrs. Dobaj	\$ 20.00	Mr. Zull	\$ 65.00
Mrs. Neumeyer	\$ 15.00	Mr. Unbehauen	\$ 65.00
Mr. Hundhammer	\$ 150.00	Mr. & Mrs. Tippner	\$ 15.00
Mrs. Mielke	\$ 15.00	Mr. Peipp	\$ 35.00
Mr. & Mrs. Weller	\$ 100.00	Mrs. Korb-Buzzi	\$ 5.00
Mr. W. Wagner	\$ 15.00	Mrs. Hopp	\$ 25.00
Mr. Pusch	\$ 50.00	Mrs. Haupt	\$ 100.00
Mrs. Schueler	\$ 15.00	Mr. & Mrs. Scheel	\$65.00
Mr. Strauss	\$ 75.00	Mr. Bloch	\$ 15.00
Mr. Tringas	\$ 450.00	Mr. Pearce	\$ 50.00
Mrs. Grins	\$65.00	Mr. Nehring	\$ 1000.00
Mr. A. Hofmann	\$ 150.00	Mrs. R. Schneider	\$ 15.00
Mrs. Theurer	\$ 15.00	Mrs. Probst	\$ 65.00
Mrs. Kutscherjawy	\$ 115.00	Mrs. Diedrichsen	\$ 15.00
Mrs. Wiesbauer	\$ 10.00	Mrs. Schlerf	\$ 15.00
Mr. Hopp	\$ 15.00	Mrs. Koehrer	\$ 15.00
Mrs. Koenig	\$ 120.00	Mrs. Klein	\$ 25.00
Mr. Widmann	\$ 15.00	Mr. & Mrs. Haselroither	\$ 15.00
Mrs. Meissner	\$ 15.00	Mrs. R. Mueller	\$ 15.00
Mr. & Mrs. Dierken	\$ 150.00	Mr. & Mrs. Schnabel	\$ 65.00
Mrs. Gerhke	\$ 15.00	Mrs. H. Hoffmann	\$ 50.00
Mrs. Kutt	\$ 50.00	Mr. Behrendt	R 15.00
Mrs. Schnitter	\$ 50.00	Mr. & Mrs. Witz	\$ 15.00
Mrs. Dorelat	\$ 20.00	Mrs. E. Schulz	\$ 15.00
Mr. & Mrs. Hampel	\$ 65.00	Mr. & Mrs. Somma	\$ 15.00
Mrs. Thar	\$ 15.00	Mrs. Ziggel	\$ 100.00
Mr. & Mrs. Loewe	\$ 35.00	Mr. & Mrs. H. Mueller	\$ 15.00
Mr. & Mrs. Kaiser	\$ 100.00	Mr. & Mrs. Geshev	\$ 25.00
Mr. & Mrs. Linke	\$ 100.00	Mrs. Knoblauch	\$ 15.00
Mr. Panckow	\$ 25.00	Mr. Loipold	\$ 115.00
Mrs. Lieberwirth	\$ 100.00	Mr. & Mrs. Kammel	\$ 15.00

Calendar of Events

German Film Afternoon, Coffee and Cake

Thursday 1st of August & 5th of September

1.30 – 3.30 pm

AGWS office

Cost \$ 5.00

Please let us know if you are planning to attend!

Annual AGWS Book Bazar

Thursday 15th August

10am – 3pm

AGWS office

For your diary!

We know, there is still some time until these events, but perhaps make a note of them so that you'll remember when the time comes.

Excursion to the Anakie Fairy Park

We are organising a family day at the Anakie Fairy Park together with our playgroups "Rappelkiste". This beautiful park was founded by a German family in 1959 and was Australia's first theme park.

When: Sunday, 10 November 2019 – from 10.30 am onwards

Where: Anakie Fairy Park www.fairypark.com

What: Entertainment, Games, quiz trail through the park, picnic

BYO picnic, or order a picnic pack.

Of course, there will also be Bratwurst and an AGWS cake stall. Normal admission price applies upon arrival at the park: \$ 10 for children, \$ 18 for adults, children under 3 free.

AGWS Christmas Market

Melbourne Lower Town Hall

28th of November 2019

9.30 am – 3.30 pm

Rappelkiste

The 'Rappelkiste' is the AGWS's German language playgroup for children aged 2 – 5.

The group takes place on Thursday mornings from 10 – 12 pm during school terms at Parkdale Church of Christ, Parkdale

Enquiries and bookings: Gine at rappelkisteparkdale@yahoo.com.au



Rappelkiste Frankston will take place every Wednesday from 10 – 12am during school term.

Enquiries and bookings: Gine at rappelkistefrankston@yahoo.com

Cost: \$ 10 for the first child; \$ 5 for every other child two years and older; children under 18 months of age are free.

The AGWS family membership for one year is \$60 (this includes insurance with Playgroup Australia).

A Project of the Australian-German Welfare Society: 'Deutsche Sprache und Traditionen spielend beibehalten'.

Q

QU-QU-Meeting-

Meet with likeminded people for a chat in German

On every 2nd and 4th Tuesday of the month a group of likeminded people meet at our office for an informal chat.

If you feel like conversing in German about books, films, memories, health, travels or whatever else you might think of and are interested in good company just come along! We look forward to meeting you!

Our meeting dates for August are:

Tuesday 13th and 27th of August from 10 am to 1 pm



Computer Tuition for Seniors

Mondays from 2pm- 4pm at the AGWS office.

Participation is free and everyone over 60 years of age is welcome to attend.

Please let the office know if you are planning to come!

We look forward to seeing you there!

AGWS German Bookclubs

The AGWS book clubs meet every third Tuesday of the month. If you like to read and enjoy sharing your opinion with others, join us!

The “**AGWS Buchclub**” meets in the morning at 11am in the rooms of the AGWS in South Melbourne and the “**Bookworms**” at 7.30pm in the evening. The “**Buchwürmer**” in the Railway Hotel in South Melbourne.

Call the AGWS office under 9696 0907 for more info.

News from the Martin Luther Homes

Myrtle, our new home of TCP

We are proud to announce that our new extension, “Myrtle”, has been officially opened on the 24th of June.

Our builders, contractors and staff have been busy until the last minute to ensure everything would be ready on time, and it was.

We are also proud to announce that we have partnered with Eastern Health to provide a Transition Care Program (TCP) at Martin Luther Homes and that 30 beds in the new wing will be designated to this important service.

TCP provides time-limited, goal-oriented and therapy-focused services to older people after a hospital stay. Transition Care is designed to improve a client’s independence and functioning in order to delay their entry into residential aged care.

(Author: Oliver Heuthe, Marketing & Innovation Manager at Martin Luther Homes Boronia Inc.)

TTHA News

It’s hard to believe we are halfway through 2019 already and what a busy year it has been. This year has also seen some positive changes in the Aged Care sector and as it keeps us busy, we also welcome positive changes for those we care for. July 1st saw the Australian government introduced the new Aged Care Standards, which TTHA has now implemented. These standards will define what good quality aged care looks like and focus on the consumer (resident) and their choice. The new standards are not about a facility ticking boxes, but about caring for the consumer and their individual needs. These standards are across residential, retirement and home care putting consumer choice at the highest priority. If you have any questions or concerns with regards to these new standards, please contact a member of our care team on 8720 1333.



Our new wing has been progressing over the last couple of months despite the changeable winter weather. The new administration level has been taking shape and it's nice to finally see the layout more clearly. The resident's accommodation and lounge/dining areas are beginning to be more visible with the steel framework going up and sectioning areas off. The scale of the individual residents' rooms is quite vast and really exciting to see. The large private balconies and the beautiful views from the rooms facing the Dandenong ranges are simply stunning. The completion date for the new wing is February 2020, if you or a loved one would be interested in finding out more or giving a donation towards this project please contact us.

Our Lifestyle program has been so busy and gives our residents so many amazing activities to choose from each and every day. Bastille day was a fantastic celebration which we celebrated at our Friday happy hour, where we paired delicious nibbles with a wine or beer, while residents and staff enjoyed the entertainment. Christmas in July is always a favourite here at TTHA and another fantastic event we like to celebrate at our Friday happy hour. There is nothing better than getting together with friends, listening to some lovely music and enjoying good food and a delicious drink. We have been celebrating culture and diversity more of late with cultural lunches hosted by lifestyle, these lunches have been really popular, so far Italian, Chinese and Australian cuisines have been enjoyed by all.

Our Social Support Groups have been on some fantastic outings lately and have not let the changeable weather keep them away from getting out to socialise with friends. The bus outing to the beautiful Yarra Valley Dairy where everyone enjoyed a delicious tasting, followed by coffee and cake. Group members then had the opportunity to peruse the cheese shop which is located in the original 100-year-old milking shed on the farm, followed by a delicious lunch in Lilydale. A visit to the Warrandyte nursery was another crowd pleaser, where everyone enjoyed the café and shop before devouring a delicious lunch at The Cherry Hill Hotel. We currently have two vacancies in our Thursday group, which would be great for a couple so if you or a loved one are interested in joining this social group, please call our Home Care office on 8720 1338 and talk to the team on how you can get involved.

If you or a loved one are thinking about home assistance, or need extra support, our Accent Home Care team can give you all of the information and assistance you need. Our team is there to answer all of your questions and to guide you through the process, please call our office on 8720 1338 or homecare@accenthomecare.org.au.

As we enjoy a warming cuppa, we invite you to come in and talk to us about your own aged care needs and how we can assist you. If you would like to make an enquiry for any of our services, please contact us on (03) 8720 1333 or visit our website: www.ttha.org.au, or Accent Home Care on (03) 8720 1338 www.accenthomecare.org.au

Eva Simo - CEO



Useful Information

If you require **evidence of a valid visa** you have to download your current status via <https://immi.homeaffairs.gov.au/visas/already-have-a-visa/check-visa-details-and-conditions/check-conditions-online>

PrivateHealth.gov.au is an Australian Government site that enables you to compare insurance policies. Follow the link <https://www.privatehealth.gov.au/dynamic/search/start>

Hot of the press (reference news.com.au, 16 July):

Treasurer Josh Frydenberg has cut the deeming rate for large investments from 3.25 per cent to 3 per cent and for smaller ones from 1.75 per cent all the way down to 1 per cent, backdated to the start of July.

For further information please check the following link

<https://www.humanservices.gov.au/individuals/news/changes-deeming-rates>

Announcements / Advertisements

Disclaimer: The responsibility for the content of announcements remains with the providers



FINANCIAL PLANNING PTY. LTD. ACN 602 458 613 AFSL No. 473 141

Independent Aged Care Specialist

- Are you concerned about the affordability of Aged Care?
- How much will Aged Care cost?
- What will happen to my Centrelink payments?
- Do I need to sell the home?
- Are RADs (bonds) negotiable?

Call Erika Wilke today (03) 9006 1736

Office locations:

Camberwell office, Suite 302, 685 Burke Rd Camberwell 3124

Mornington Peninsula, 29 Tourello Rd, Mt Eliza 3930

Please help us save trees, lower our printing costs and save paper!

If you have an email address, we would love to send you our monthly newsletter electronically.

Please let us know under:

Tel. 9696 0907, Email: contact@germanwelfare.org.au

The trees thank you very much!

HENKELL VINEYARDS

Yarra Valley



Entdecken Sie den speziellen Charakter
unserer Yarra Valley Weine
Cabernet Sauvignon 2012 + 2014
Chardonnay 2015



Wir führen auch
HENKELL TROCKEN,
einen importierten Sekt aus Deutschland.

Unsere Weine und das Bestellformular finden
Sie auf unserer Webseite
www.henkellvineyards.com.au
Sie erreichen uns auch telefonisch,
per Fax oder per E-Mail.



P.O. BOX 2160 M.D.C., Fitzroy 3065, Victoria
Phone: (03) 9417 4144 Fax: (03) 9419 8873
sales@henkellvineyards.com.au

Radio 3ZZZ - 92.3fm

Melbourne Ethnic Community Radio

Drei deutsche Sendestunden jede Woche!

Montag 19.00 - 20.00Uhr

Dienstag 19.00 - 20.00 Uhr

Donnerstag 10.00 - 11.00 Uhr

Jeder Broadcaster hat sein individuelles Programm ☺

Musikwunsch? Gruß? Rufen Sie uns an!

Während der oder nach den Sendestunden – Tel (03) 9415 1923

Wir freuen uns auch über jedes Feedback!

Sendung verpasst? Kein Problem!

Unter www.3zzz.com.au können Sie sich die Sendungen bis zu vier
Wochen nach Ausstrahlung anhören.

Ebenso sind all unsere Sendungen nun auf Soundcloud zu finden:

<https://soundcloud.com/user-5273969>

Kontakt: Uwe Jacobs Phone: 0400 417 043 Email: uwe@propertyfriends.com.au

Sudoku

	5							4
			5	2	6	9		
			8	1			5	2
			6		9		2	3
4								7
6	2		3		8			
3	8			6	1			
		7	2	9	5			
2								1

2	4	7	9	3	5	8	1	6
9	1	3	7	8	6	5	4	2
5	8	6	2	1	4	3	7	9
8	7	1	4	6	3	9	2	5
4	6	9	8	5	2	7	3	1
3	5	2	1	7	9	4	6	8
6	9	5	3	4	1	2	8	7
7	2	4	6	9	8	1	5	3
1	3	8	0	2	7	6	9	1

Horoscope

All of you born under the star sign of Leo - 23. July - 23. August, you will have an optimistic and a zealous year, as you will be filled with confidence and enthusiasm which will reflect on your everyday execution of work. Although your previous year might not have been fruit-bearing, this year will see a drastic change in your situation, a positive one. Thus, your performance will have a positive influence on your status, honour and self-esteem. It will also boost your confidence which in turn will make you more productive and zestier. Despite the overload of your work, your devotion, urge and your energetic persona will not dull you down, but will rather make you push yourself more towards accomplishing more. You will feel a sudden change in your life. You may feel an enthusiastic push which will make you feel special, powerful and make you complete your tasks in no time, without any complications, according to Leo horoscope 2019. August. Furthermore, there are high chances for you to travel and spend some money, but do make sure that you have a hold on to your expenditure because according to your Leo life in 2019, you may spend way too much, especially on your siblings. Apart from this, your luck will take your side and assist you this year!



Our bookshelves are bursting with novels, childrens books, cook books and a lot more!

Our annual Book Bazar is scheduled for **the 15th of August from 10 am to 3 pm**

But you don't have to wait until then!

Drop in anytime during office hours and have a browse.

We love it if our books find a new home and only ask for a small contribution of \$ 1.00 per book.

