

# Australian German Welfare Society Inc.

Reg. No. A 0010852 B – ABN: 98 245 957 640



## Newsletter

**Nr. 560 / March 2019**

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## Dear Members

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Peering out of our windows here on St. Kilda Road currently we are looking at a gigantic construction site. Where once was the Domain Interchange Tram stop, now cubic tonne after cubic tonne of earth are being moved, huge construction machinery perform mysterious tasks and when all will be finished, prospectively in 2025, there will have come into being a new Subway Station and an important junction for the new subway network. So, if you want to visit us in our office on public transport now, you will have to hop off the tram a little earlier than in the past. The Domain Interchange stop has been shifted a little up the road, to the corner of Park Street.

The other thing we see from our windows are the beautiful old trees along the road. From them we can always tell what time of year it is. At the moments the first leaves are turning yellow, after a hot summer autumn is coming.

As far as events are concerned, March will be a little quiet. As every month we cordially invite you to our film afternoon on the 7<sup>th</sup> of March. Otherwise the month will be needed for the preparation for the 2<sup>nd</sup> German Week, which we will celebrate in May. Many exiting events are planned! We are very much looking forward to the occasion ourselves and will keep you informed of more detail as the week is taking shape.

In the meantime, I wish everyone a beautiful start to the autumn season.

Tanja Gawin

*"To fully live,  
we must embrace the small miracles of the moment"*

## Pro and Cons for Australia Day

The discussion whether it is a good idea to celebrate the arrival of the first fleet as a national public holiday in Australia gains in importance every year.

Let's think about it. Professor Simmons, who earned the 2018 honour for her ground-breaking work in quantum physics, acknowledged the date was polarising, but said it was possible to recognise all aspects of history related to the day.

She thinks Australia Day is a fantastic day. She recognises the point in Australian's history where everything changed. She is a big fan of history and believes that cultures evolve across millions of years and various points in that history.... obviously, there are people who see it as a good and bad day but, fundamentally, it did change the way Australia is.

It is true, our first Australians lived here long before anyone else, loving and caring for these lands and waters and they still do. We honour their resilience and stewardship, across 60 000 years. We pay respect to the world's oldest continuous culture, a culture that is alive, a culture that has survived.

But we should also remember the second chapter of our country's history that began on January 26, 1788 with the arrival of Captain Arthur Phillip's fleet in Port Jackson. Wooden convict ships came, carrying men and women who were sick, poor and destitute. They were not here by choice. But those men and women persevered, endured and won their freedom.

Indeed, the wonder of our country is that out of such hardship would emerge a nation as decent, as fair and as prosperous as ours. And we embrace, too, all those who have come since- to make us the happy, thriving, multicultural democracy that we are. That is actually the third chapter of our history, the chapter we are still writing.

Critics of the date argue it should be changed because it offends some indigenous Australians. But as Prof. Simmons said: "You can't

rewrite history as it is and those days do change things, and so I think it is a recognition of the fact that it has changed, I think that if people can celebrate all aspects of that, that's the ideal".

Australia Day is the day we come together. It's the day we celebrate all Australians, all their stories, all their journeys. And we do this on January 26 because this is the day that Australia changed - forever- and set us on a course of the modern Australia we are today

**Linde Mohr**

## **New Members**

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Mr. H. - J. Henz

**Welcome at the AGWS**

## **Socialwork**

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<b>Social Work Statistic January 2019</b>	
Aged Care	13
German Language	9
Friendly Visiting Service	7
Be Connected	5
German Pension	3
Immigration / Emmigration / Visa	2
Family Matters	2
Miscellaneous	2
Health	2
Isolation	2
Information	1
Financial Aid	1
Legal / Tax	1
<b>Total</b>	<b>50</b>
New	4
Client Visits Office	3
Social Worker Visits	4

# Calendar of Events

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## Advance Notice!

### Annual Bus Trip

This year's annual excursion will be offered as part of the Melbourne German Weeks. Mr. Eckberg from Kaeser has again offered to take us out in his company's bus.

This time our destination is Geelong. On route you will find many changes in the landscape of the continually growing Wyndham Shire. We will pass the mega construction site for the Westgate Tunnel, travel along the Esplanade in Geelong and disembark on the Geelong Waterfront. There you will have the opportunity for a walk to admire the interesting bollards and the old carousel. There are also a large number of cafés where you can have a light lunch.

On the way home we will visit the small, cosy German Club in Geelong. The club ladies will provide coffee and cake, and the club president will give us a brief introduction into the lovely history of this carnival club K.G. Naerrische Insulaner.

**Date: Thursday, 9 May 2019**

**Depart: 9.30 am from outside the National Gallery of Victoria**

**Return: approx. 4.00 pm**

**Travelling time: approx. 1 hour each way, depending on traffic**

**Cost: \$ 15.00 for bus, coffee and one piece of cake at the Club**

**Lunch is not included**

### Filmafternoon with Coffee and Cake

**Thursday 7<sup>th</sup> of March & 4<sup>th</sup> of April**

**1.30 pm –~ 3.30 pm**

**AGWS office**

**Cost \$ 5.00**

**Please let the office know if you are coming!**

# Rappelkiste

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The 'Rappelkiste' is the AGWS's German language playgroup for children aged 2 - 5.

The group takes place on Thursday mornings from 10 - 12 pm during school terms at Parkdale Church of Christ, Parkdale

Enquiries and bookings: Gine

[rappelkisteparkdale@yahoo.com.au](mailto:rappelkisteparkdale@yahoo.com.au)



Cost: \$ 10 for the first child; \$ 5 for every other child two years' and older; children under two years of age are free.

The AGWS family membership for one year is \$60 (this includes insurance with Playgroup Australia).

A Project of the Australian-German Welfare Society: 'Deutsche Sprache und Traditionen spielend beibehalten'.

## **Breaking News! Rappelkiste now also on the Peninsula!**

Rappelkiste Frankston will take place every Wednesday from 10 - 12am during school term.

If you are interested please contact Gine [rappelkistefrankston@yahoo.com](mailto:rappelkistefrankston@yahoo.com)

# Q

## ***QU-QU-Meeting-***

***Meet with likeminded people for a chat in German***

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On every 2nd and 4th Tuesday of the month a group of likeminded people meet at our office for an informal chat.

If you feel like conversing in German about books, films, memories, health, travels or whatever else you might think of and are interested in good company just come along! We look forward to meeting you!

Our meeting dates for March are:

**Tuesday 12<sup>th</sup> and 26<sup>th</sup> of March from 10 am to 1 pm**



The first meeting of the Be Connectes Every Australian online initiative took place on the 16<sup>th</sup> of October.

Future meetings will be held on Mondays from 1.30pm - 4pm in the AGWS office.

Participation is free and everyone over 60 years of age is welcome to attend.

Please let the office know if you are planning to come!

We look forward to seeing you there!



It's hard to believe that summer is almost over and 2019 has already been so busy at TTHA. With preparations well underway for another year ahead, it's sure to be another exciting year for residents, volunteers and staff. Our autumn menu will be released soon and there are some exciting new dishes including pork spare ribs served with sweet glaze, rice pilaf and pickled vegetables, paprika chicken on spaetzle served with roasted zucchini and eggplant and we cannot forget the sweets, some of my favourites include waffles and ice-cream served with a strawberry sauce and tiramisu served with whipped cream. Tim, our chef has been busily preparing the menu, taking into consideration all tastes and feedback received, so please pick up a copy on your next visit.

The Lifestyle calendar is also looking to excite everyone this autumn. Our shopping trips and pub lunches are returning again this year as these outings always bring a smile. Reception is always a buzz when these outings are planned. Shopping bags are ready to grab a bargain and the bus is always full. Staff delight in seeing the treasures brought back or to hear of the delicious lunch just shared. The destinations and venues change to provide variety and these trips never disappoint.

Music filled the air during our recent Australia Day celebrations with a delicious BBQ and concert. Residents celebrated Australia Day during our weekly happy hour in our main dining room. The dining room was showered in balloons, decorations and dress-ups with everyone getting involved. We also added splashes of red around the facility in celebration of Valentine's Day, adding a little touch of romance along with a movie, popcorn, ice-cream paired with a beer or wine.

Our Social Support Groups have had a great time over summer visiting the beach, lapping up the sunshine and sea breezes and savouring delicious iced-coffees. We currently have vacancies in our Thursday group, so if you or a loved one are interested in joining this social group, please call our Community Care office on 8720 1338 and talk to the team on how you can get involved.

We have welcomed some new faces lately and it is with great pleasure that I introduce you to them. Debbie Melbourne is our new receptionist here at TTHA. Debbie comes to us with vast experience in office management, having previously worked at Tilling Timber and Guide Dogs Victoria specialising in administration, accounts and reception. Debbie's passion has always been reception with all of its varied tasks and enjoys that no two days are the same. She loves meeting new people and is looking forward to meeting everyone and getting to know all of the residents. On your next visit, please say hello and welcome Debbie to TTHA.

I'm excited to announce we have also appointed a new Finance Officer, Benjene Witte. Benjene comes to us with a wealth of knowledge in budgeting and accounts payable and receivable. Benjene has worked in both the Commercial Healthcare and Education sectors and has enjoyed gaining experience in these areas. Benjene is looking forward to getting to know all of the residents and is excited for the new challenges ahead. Please welcome Benjene on your next visit.

If you or a loved one are thinking about home assistance, or need extra support, our Community care team can give you all of the information and assistance you need. Our team is there to answer all of your questions and to guide you through the process, please call our office on 8720 1338.

As we move into autumn, we invite you to come in and talk to us about your own aged care needs and how we can assist you. If you would like to make an enquiry for any of our services, please contact us on (03) 8720 1333 or visit our website: [www.ttha.org.au](http://www.ttha.org.au)

**Eva Simo CEO**



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TTHA has been providing a Social Support Group for more than 15 years and caters mainly for clients of German speaking background living within the wider Knox Community.

## **About our Social Support Group (SSG)**

The aim of the program is to provide a relaxed and caring environment for clients to attend outings and excursions that they would ordinarily be unable to attend on their own. The program is designed to accommodate the interests and social needs of the client whilst encouraging independence and interaction. Our Social Support Group provides stimulating, recreational activities in a supportive environment.

### **Excursions**

Our group activities are worked around our clients' dynamics, interests and preferred choices. We visit places in and around Knox and other surrounding areas such as the Yarra ranges, Bayside and the City. TTHA's social support program aims to meet a wide variety of needs and interests in a manner that promotes participation and enjoyment, whilst encouraging independence. All groups are run by experienced and qualified staff.

TTHA has a community bus that enables us to arrange door to door service for our clients.

Our Social Support Group runs Monday to Thursday between 9am and 3pm

Speak to us about joining our Social Support Group. Call (03) 8720 1338 or email [homecare@ttha.org.au](mailto:homecare@ttha.org.au)

## **Announcements / Advertisements**

*Disclaimer: The responsibility for the content of announcements remains with the providers*

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- What will happen to my Centrelink payments?
- Do I need to sell the home?
- Are RADs (bonds) negotiable?

Call Erika Wilke today (03) 9006 1736

Office locations:

Camberwell office, Suite 302, 685 Burke Rd Camberwell 3124

Mornington Peninsula, 29 Tourello Rd, Mt Eliza 3930

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## Sudoku

		2	9					
1		4		3				8
				7	4			1
7				9		3	6	5
6	1	3		4				2
	3		5	1				
9				6		1		3
					9	5		

3	8	4	2	7	5	6	1	9
1	6	5	8	4	9	2	7	3
9	7	2	6	3	1	5	8	4
2	3	7	4	8	6	1	9	5
5	9	8	7	1	2	3	4	6
6	4	1	9	5	3	8	2	7
4	2	3	5	9	8	7	6	1
8	5	9	1	6		4	3	2
7	1	6	3	2	4	9	5	8

Solution February



MELBOURNE  
**GERMAN**   
**WEEK** ARTS  
TECHNOLOGY  
ENTERTAINMENT

6 - 18 MAY 2019 

**The Australian German Welfare Society is very excited to bring the second Melbourne German Week to Melbourne!**

**From Monday 6. May until Saturday 18. May 2019, Melbourne will have the unique opportunity to experience the many different faces of Germany.**

**In between these dates lies a program filled with events showcasing German businesses, innovation, culture, music, education, the arts, aged care and much more.**

  
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